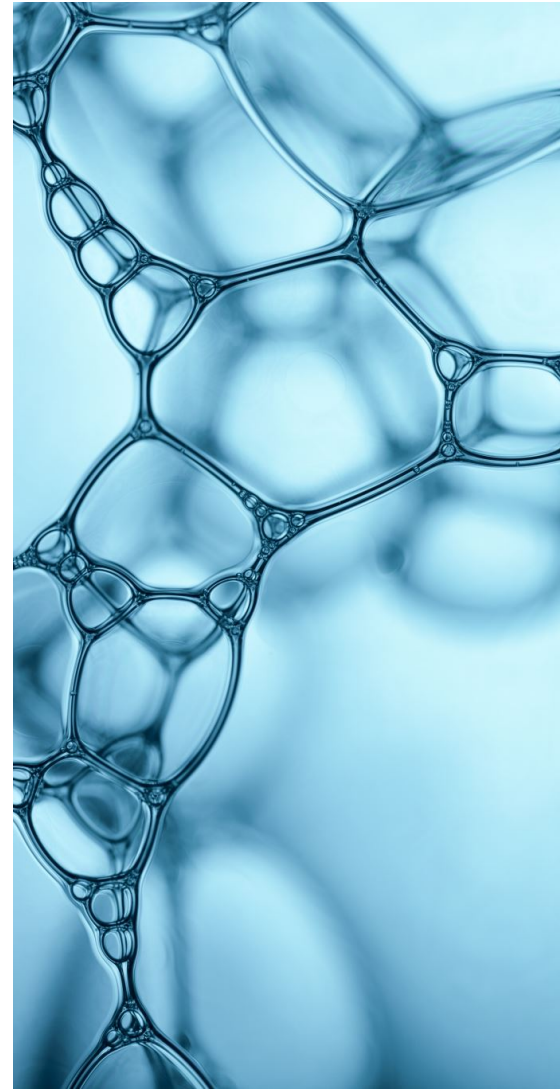

LONG TERM CARE OF PEOPLE WITH HIV AND RESPONSE TO STIGMA AND DISCRIMINATION: SITUATION IN SPAIN

VIRTUAL MEETING-DEBATE



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WHAT DOES THE FOURTH 90 MEAN?

In 2014, the Joint United Nations Programme on HIV/AIDS (UNAIDS) launched the ambitious 90-90-90 treatment plan to help end the AIDS epidemic. Thus, specific goals were set to be achieved by 2020: to diagnose 90% of all HIV-positive persons; provide antiretroviral therapy (ART) to 90% of those diagnosed; and to achieve viral suppression for 90% of those treated.²

However, the 90-90-90 UNAIDS targets do not cover other HIV-related health challenges that PLHIV grapple with, such as mental and physical comorbidities, stigma and discrimination; being all of them the main cause of a negative impact on their well-being and quality of life. Hence, and to provide an answer to this issue, “Fourth 90” was proposed. This innovative target consists in guaranteeing that all people living with HIV have the possibility of **enjoying an optimal quality of life**, which pays special attention to two domains: **comorbidities** and **self-perceived quality of life**.³

Presently, the **Strategic Plan** to Prevent and Control HIV infection and other sexually transmitted infections (**2021-2030**) reflects the new objectives of **UNAIDS** by 2030, which consists in raising this percentage to 95: **95-95-95**.⁴

WHAT DOES HIV OUTCOMES MEAN?

The **HIV Outcomes Project** was born in 2016, from a consensus between several international and European entities and institutions **to advance the development and implementation of the 4th90** on quality of life agreed within the framework of UNAIDS. These entities and institutions include: *AIDS Action Europe; AFEW International; European AIDS Treatment Group; Hannover Medical School; University of Milan; ISGlobal Hospital Clinic of Barcelona, Gilead Sciences, ViiV Healthcare, European Center for Disease Control and the European AIDS Clinical Society.*

The mission of *HIV Outcomes* is **to improve the health of people with HIV in Europe, their well-being and quality of life**; while simultaneously **enhancing the sustainability of European health systems**.

The **Spanish Interdisciplinary AIDS Society (SEISIDA)**, leads the implementation of the project HIV Outcomes in Spain, alongside the professor Jeffrey V. Lazarus (**ISGlobal**). In addition to SEISIDA and ISGlobal, in the HIV Outcomes Steering Committee stakeholders participate in the response of HIV, as **el Ministerio de Sanidad, Consumo y Bienestar**

Social, GeSIDA, and CESIDA. Furthermore, this Project counts on the sponsorship of **Gilead Sciences** and **ViiV Healthcare**.

WHAT IS THE PURPOSE OF THE VIRTUAL MEETING-DEBATE?

The main objective of the virtual meeting-debate is to discuss about the necessity of moving towards the definition and measurement of the Fourth 90. As a consequence, it is expected to debate about fundamental issues such as **relevant indicators** to collect **in the dimension of comorbidity** and **discrimination**.

Consequently, attendees are to point comorbidities which they consider being the most relevant and more affect on the quality of life of people living with HIV. On the other hand, participants are to point discriminatory situations which they think to be the most frequent in Spain and in their autonomous region.

Should you wish to obtain **more information** linked to the **virtual meetings** held by SEISIDA, do not hesitate to visit the website: <https://www.seisida.net/hivoutcomes/>

REFERENCES AND ADDITIONAL INFORMATION

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